



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Kupferstecher

Total time: 9:30:28

Number: 4027

Speed: 10.41 km/h

Running performance: 5:43 min/km

Course: 99.83 km

Staffel 4x25 km

Rank in course: 16 (of 34)

Best time in course: 7:15:05

Category:

Rank in category: 11(of 21)

Männerstaffel

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos   | Behind | Total | Total   | Total  | Pos  | Behind  | Pos   | Behind  |
|------------------|-------|---------|--------|------|--------|-------|--------|-------|---------|--------|------|---------|-------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Total | Total  | km    | Time    | min/km | Cat. | Cat.    | Total | Total   |
| Ruhlaer Skihütte | 23.96 | 1:55:44 | 4:49   | 5    | 16:22  | 5     | 16:22  | 23.96 | 1:55:44 | 4:49   | 1    | -       | 33    |         |
| Floh-Seligenthal | 26.92 | 2:06:39 | 4:42   | 5    | 14:57  | 6     | 14:57  | 50.88 | 4:02:23 | 4:45   | 1    | -       | 33    |         |
| Finsterbergen    | 24.12 | 2:45:04 | 6:50   | 18   | 58:51  | 30    | 58:51  | 75.00 | 6:47:27 | 5:25   | 1    | -       | 33    |         |
| Fröttstädt       | 24.83 | 2:43:01 | 6:33   | 14   | 51:54  | 23    | 53:45  | 99.83 | 9:30:28 | 5:42   | 11   | 2:15:23 | 16    | 2:15:23 |