



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Kupferstecher

Total time: 9:30:28

Number: 4027

Speed: 10.41 km/h

Running performance: 5:43 min/km

Course: 99.83 km

Staffel 4x25 km

Rank in course: 16 (of 34)

Best time in course: 7:15:05

Category:

Rank in category: 11(of 21)

Männerstaffel

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	1:55:44	4:49	5	16:22	5	16:22	23.96	1:55:44	4:49	1	-	33	
Floh-Seligenthal	26.92	2:06:39	4:42	5	14:57	6	14:57	50.88	4:02:23	4:45	1	-	33	
Finsterbergen	24.12	2:45:04	6:50	18	58:51	30	58:51	75.00	6:47:27	5:25	1	-	33	
Fröttstädt	24.83	2:43:01	6:33	14	51:54	23	53:45	99.83	9:30:28	5:42	11	2:15:23	16	2:15:23