



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Thüringer Allgemeine

Number: 4041

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:36:57

Speed: 10.30 km/h

Running performance: 5:47 min/km

Rank in course: 18 (of 34)

Best time in course: 7:15:05

Rank in category: 13(of 21)

Best time in the category: 7:15:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	2:31:13	6:18	21	51:51	31	51:51	23.96	2:31:13	6:18	10	35:29	10	12:08
Floh-Seligenthal	26.92	2:48:38	6:15	20	56:56	28	56:56	50.88	5:19:51	6:17	10	1:17:28	10	33:50
Finsterbergen	24.12	2:11:07	5:26	9	24:54	12	24:54	75.00	7:30:58	6:00	10	43:31	10	
Fröttstädt	24.83	2:05:59	5:04	6	14:52	9	16:43	99.83	9:36:57	5:46	13	2:21:52	18	2:21:52