



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Schlump & Latsch vom FSV 1950 Göttingen Total time: 9:52:00

Number: 4023

Speed: 10.03 km/h

Running performance: 5:56 min/km

Course: 99.83 km

Staffel 4x25 km

Rank in course: 20 (of 34)

Best time in course: 7:15:05

Category:

Rank in category: 2 (of 4)

Frauenstaffel

Best time in the category: 9:06:54

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Total		
	km	Time			min/km	Cat.		Cat.	Total			Total	km	Time
Ruhlaer Skihütte	23.96	2:45:02	6:53	4	38:22	33	1:05:40	23.96	2:45:02	6:53	2	38:22	3	25:57
Floh-Seligenthal	26.92	2:39:07	5:54	2	15:23	23	47:25	50.88	5:24:09	6:22	2	53:45	3	38:08
Finsterbergen	24.12	2:19:21	5:46	1	-	17	33:08	75.00	7:43:30	6:10	2	39:15	3	5:15
Fröttstädt	24.83	2:08:30	5:10	2	5:51	11	19:14	99.83	9:52:00	5:55	2	45:06	20	2:36:55