



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Gü-We Schnecken

Number: 4036

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 9:54:12

Speed: 10.08 km/h

Running performance: 5:57 min/km

Rank in course: 21 (of 34)

Best time in course: 7:15:05

Rank in category: 14(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:16:01	5:40	15	36:39	17	36:39	23.96	2:16:01	5:40	9	20:17	4	
Floh-Seligenthal	26.92	2:21:43	5:15	10	30:01	14	30:01	50.88	4:37:44	5:27	9	35:21	4	
Finsterbergen	24.12	2:36:05	6:28	17	49:52	25	49:52	75.00	7:13:49	5:47	9	26:22	4	
Fröttstädt	24.83	2:40:23	6:27	12	49:16	20	51:07	99.83	9:54:12	5:57	14	2:39:07	21	2:39:07