



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

LG Neuhütten Team 1

Number: 4018

Course: 99.83 km

Staffel 4x25 km

Category:

Frauenstaffel

Total time: 10:06:35

Speed: 9.79 km/h

Running performance: 6:05 min/km

Rank in course: 24 (of 34)

Best time in course: 7:15:05

Rank in category: 3(of 4)

Best time in the category: 9:06:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:18:14	5:46	2	11:34	22	38:52	23.96	2:18:14	5:46	3	11:34	7	
Floh-Seligenthal	26.92	2:55:13	6:30	3	31:29	30	1:03:31	50.88	5:13:27	6:09	3	43:03	7	27:26
Finsterbergen	24.12	2:37:27	6:31	4	18:06	27	51:14	75.00	7:50:54	6:16	3	46:39	7	12:39
Fröttstädt	24.83	2:15:41	5:27	3	13:02	13	26:25	99.83	10:06:35	6:04	3	59:41	24	2:51:30