



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

kommt noch

Number: 4030

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 10:23:29

Speed: 9.53 km/h

Running performance: 6:15 min/km

Rank in course: 27 (of 34)

Best time in course: 7:15:05

Rank in category: 18(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

| Control          | Split | Split   | Split  | Pos  | Behind | Pos   | Behind  | Total | Total    | Total  | Pos  | Behind  | Pos   | Behind  |
|------------------|-------|---------|--------|------|--------|-------|---------|-------|----------|--------|------|---------|-------|---------|
|                  | km    | Time    | min/km | Cat. | Cat.   | Total | Total   | km    | Time     | min/km | Cat. | Cat.    | Total | Total   |
| Ruhlaer Skihütte | 23.96 | 2:08:35 | 5:21   | 12   | 29:13  | 14    | 29:13   | 23.96 | 2:08:35  | 5:21   | 6    | 12:51   | 9     |         |
| Floh-Seligenthal | 26.92 | 2:38:45 | 5:53   | 16   | 47:03  | 22    | 47:03   | 50.88 | 4:47:20  | 5:38   | 6    | 44:57   | 9     | 1:19    |
| Finsterbergen    | 24.12 | 2:45:24 | 6:51   | 19   | 59:11  | 31    | 59:11   | 75.00 | 7:32:44  | 6:02   | 6    | 45:17   | 9     |         |
| Fröttstädt       | 24.83 | 2:50:45 | 6:52   | 17   | 59:38  | 27    | 1:01:29 | 99.83 | 10:23:29 | 6:14   | 18   | 3:08:24 | 27    | 3:08:24 |