



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

kommt noch

Number: 4030

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 10:23:29

Speed: 9.53 km/h

Running performance: 6:15 min/km

Rank in course: 27 (of 34)

Best time in course: 7:15:05

Rank in category: 18(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	2:08:35	5:21	12	29:13	14	29:13	23.96	2:08:35	5:21	6	12:51	9	
Floh-Seligenthal	26.92	2:38:45	5:53	16	47:03	22	47:03	50.88	4:47:20	5:38	6	44:57	9	1:19
Finsterbergen	24.12	2:45:24	6:51	19	59:11	31	59:11	75.00	7:32:44	6:02	6	45:17	9	
Fröttstädt	24.83	2:50:45	6:52	17	59:38	27	1:01:29	99.83	10:23:29	6:14	18	3:08:24	27	3:08:24