



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

LG Thüringen / Sachsen-Anhalt

Number: 4026

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 10:27:21

Speed: 9.47 km/h

Running performance: 6:17 min/km

Rank in course: 28 (of 34)

Best time in course: 7:15:05

Rank in category: 19(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:19:05	5:48	19	39:43	23	39:43	23.96	2:19:05	5:48	5	23:21	1	-
Floh-Seligenthal	26.92	2:26:56	5:27	14	35:14	20	35:14	50.88	4:46:01	5:37	5	43:38	1	-
Finsterbergen	24.12	2:52:14	7:08	21	1:06:01	33	1:06:01	75.00	7:38:15	6:06	5	50:48	1	-
Fröttstädt	24.83	2:49:06	6:48	15	57:59	25	59:50	99.83	10:27:21	6:17	19	3:12:16	28	3:12:16