



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Der flotte Vierer

Number: 4009

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:05:28

Speed: 12.24 km/h

Running performance: 4:52 min/km

Rank in course: 3 (of 34)

Best time in course: 7:15:05

Rank in category: 2(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	1:53:15	4:43	2	13:53	2	13:53	23.96	1:53:15	4:43	21		20	
Floh-Seligenthal	26.92	2:02:30	4:33	4	10:48	4	10:48	50.88	3:55:45	4:38	17		20	
Finsterbergen	24.12	2:06:49	5:15	7	20:36	9	20:36	75.00	6:02:34	4:50	21		20	
Fröttstädt	24.83	2:02:54	4:56	5	11:47	8	13:38	99.83	8:05:28	4:51	2	50:23	3	50:23