



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Otternasen

Total time: 11:07:57

Number: 4012

Speed: 8.89 km/h

Running performance: 6:41 min/km

Course: 99.83 km

Staffel 4x25 km

Rank in course: 31 (of 34)

Best time in course: 7:15:05

Category:

Rank in category: 20(of 21)

Männerstaffel

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	2:15:40	5:39	14	36:18	16	36:18	23.96	2:15:40	5:39	3	19:56	14	
Floh-Seligenthal	26.92	2:40:13	5:57	17	48:31	24	48:31	50.88	4:55:53	5:48	3	53:30	14	9:52
Finsterbergen	24.12	2:51:30	7:06	20	1:05:17	32	1:05:17	75.00	7:47:23	6:13	3	59:56	14	9:08
Fröttstädt	24.83	3:20:34	8:04	21	1:29:27	33	1:31:18	99.83	11:07:57	6:41	20	3:52:52	31	3:52:52