



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Räuberläufer

Number: 4013

Course: 99.83 km

Staffel 4x25 km

Category:

Mixstaffel

Total time: 12:10:57

Speed: 8.13 km/h

Running performance: 7:19 min/km

Rank in course: 34 (of 34)

Best time in course: 7:15:05

Rank in category: 9(of 9)

Best time in the category: 8:03:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:26:41	6:07	6	29:15	29	47:19	23.96	2:26:41	6:07	9	29:15	17	7:36
Floh-Seligenthal	26.92	2:59:45	6:40	9	55:16	32	1:08:03	50.88	5:26:26	6:24	9	1:24:31	17	40:25
Finsterbergen	24.12	2:55:04	7:15	9	1:02:18	34	1:08:51	75.00	8:21:30	6:41	9	2:26:28	17	43:15
Fröttstädt	24.83	3:49:27	9:14	9	2:00:11	34	2:00:11	99.83	12:10:57	7:19	9	4:06:58	34	4:55:52