



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Schiller Runners

Number: 4007

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:14:17

Speed: 12.02 km/h

Running performance: 4:57 min/km

Rank in course: 5 (of 34)

Best time in course: 7:15:05

Rank in category: 4(of 21)

Best time in the category: 7:15:05

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Ruhlaer Skihütte	23.96	2:05:36	5:14	11	26:14	12	26:14	23.96	2:05:36	5:14	19	9:52	22	
Floh-Seligenthal	26.92	1:54:25	4:15	2	2:43	2	2:43	50.88	4:00:01	4:43	19		22	
Finsterbergen	24.12	2:06:00	5:13	5	19:47	7	19:47	75.00	6:06:01	4:52	19		22	
Fröttstädt	24.83	2:08:16	5:09	7	17:09	10	19:00	99.83	8:14:17	4:57	4	59:12	5	59:12