



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Die Flitzer

Number: 4014

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:19:46

Speed: 11.89 km/h

Running performance: 5:01 min/km

Rank in course: 6 (of 34)

Best time in course: 7:15:05

Rank in category: 5(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:00:22	5:01	8	21:00	9	21:00	23.96	2:00:22	5:01	18	4:38	23	
Floh-Seligenthal	26.92	2:21:47	5:16	11	30:05	15	30:05	50.88	4:22:09	5:09	18	19:46	23	
Finsterbergen	24.12	1:57:53	4:53	4	11:40	6	11:40	75.00	6:20:02	5:04	18		23	
Fröttstädt	24.83	1:59:44	4:49	3	8:37	5	10:28	99.83	8:19:46	5:00	5	1:04:41	6	1:04:41