



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Die Flitzer

Number: 4014

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:19:46

Speed: 11.99 km/h

Running performance: 5:01 min/km

Rank in course: 6 (of 34)

Best time in course: 7:15:05

Rank in category: 5(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|--|
| | | | | | | Pos Total | Behind Total | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Total | Behind Total | |
| Ruhlaer Skihütte | 23.96 | 2:00:22 | 5:01 | 8 | 21:00 | 9 | 21:00 | 23.96 | 2:00:22 | 5:01 | 18 | 4:38 | 23 | | |
| Floh-Seligenthal | 26.92 | 2:21:47 | 5:16 | 11 | 30:05 | 15 | 30:05 | 50.88 | 4:22:09 | 5:09 | 18 | 19:46 | 23 | | |
| Finsterbergen | 24.12 | 1:57:53 | 4:53 | 4 | 11:40 | 6 | 11:40 | 75.00 | 6:20:02 | 5:04 | 18 | | 23 | | |
| Fröttstädt | 24.83 | 1:59:44 | 4:49 | 3 | 8:37 | 5 | 10:28 | 99.83 | 8:19:46 | 5:00 | 5 | 1:04:41 | 6 | 1:04:41 | |