



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

LG Friedrichroda

Number: 4022

Course: 99.83 km

Staffel 4x25 km

Category:

Männerstaffel

Total time: 8:51:23

Speed: 11.18 km/h

Running performance: 5:19 min/km

Rank in course: 9 (of 34)

Best time in course: 7:15:05

Rank in category: 7(of 21)

Best time in the category: 7:15:05

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Ruhlaer Skihütte	23.96	2:08:36	5:22	13	29:14	15	29:14	23.96	2:08:36	5:22	16	12:52	26	
Floh-Seligenthal	26.92	2:17:21	5:06	8	25:39	11	25:39	50.88	4:25:57	5:13	16	23:34	26	
Finsterbergen	24.12	1:57:21	4:51	3	11:08	5	11:08	75.00	6:23:18	5:06	16		26	
Fröttstädt	24.83	2:28:05	5:57	9	36:58	15	38:49	99.83	8:51:23	5:19	7	1:36:18	9	1:36:18