



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Rolands Jüngste

Number: 2022

Course: 99.83 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 11:22:42

Speed: 8.70 km/h

Running performance: 6:50 min/km

Rank in course: 11 (of 21)

Best time in course: 8:31:52

Rank in category: 4(of 9)

Best time in the category: 10:22:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:07:15	6:02	1	-	7	51:11	50.88	5:07:15	6:02	4		1	-
Fröttstädt	48.95	6:15:27	7:40	6	1:28:33	14	1:59:39	99.83	11:22:42	6:50	4	1:00:27	11	2:50:50