



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

Rolands Jüngste

Number: 2022

Course: 99.83 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 11:22:42

Speed: 8.70 km/h

Running performance: 6:50 min/km

Rank in course: 11 (of 21)

Best time in course: 8:31:52

Rank in category: 4(of 9)

Best time in the category: 10:22:15

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|---------|-------|---------|-------|----------|--------|------|---------|-------|---------|
| | km | Time | min/km | Cat. | Cat. | Total | Total | km | Time | min/km | Cat. | Cat. | Total | Total |
| Floh-Seligenthal | 50.88 | 5:07:15 | 6:02 | 1 | - | 7 | 51:11 | 50.88 | 5:07:15 | 6:02 | 4 | | 1 | - |
| Fröttstädt | 48.95 | 6:15:27 | 7:40 | 6 | 1:28:33 | 14 | 1:59:39 | 99.83 | 11:22:42 | 6:50 | 4 | 1:00:27 | 11 | 2:50:50 |