



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

laufsohle

Total time: 12:02:33

Number: 2001

Speed: 8.22 km/h

Running performance: 7:14 min/km

Course: 99.83 km

Staffel 2x50 km

Rank in course: 12 (of 21)

Best time in course: 8:31:52

Category:

Rank in category: 5(of 9)

Mixstaffel

Best time in the category: 10:22:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:53:30	6:56	4	46:15	12	1:37:26	50.88	5:53:30	6:56	5	30:38	11	46:15
Fröttstädt	48.95	6:09:03	7:32	4	1:22:09	11	1:53:15	99.83	12:02:33	7:14	5	1:40:18	12	3:30:41