



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Kanu Altenburg

Number: 2018

Course: 99.83 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 12:42:31

Speed: 7.79 km/h

Running performance: 7:38 min/km

Rank in course: 15 (of 21)

Best time in course: 8:31:52

Rank in category: 7(of 9)

Best time in the category: 10:22:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	6:00:20	7:04	6	53:05	15	1:44:16	50.88	6:00:20	7:04	7	37:28	8	53:05
Fröttstädt	48.95	6:42:11	8:12	8	1:55:17	16	2:26:23	99.83	12:42:31	7:38	7	2:20:16	15	4:10:39