



4. Thüringer ULTRA

Fröttstädt / 03.07.2010

Detailed evaluation

Rennen & Steigen

Number: 2010

Course: 99.83 km

Staffel 2x50 km

Category:

Frauenstaffel

Total time: 12:47:27

Speed: 7.74 km/h

Running performance: 7:41 min/km

Rank in course: 16 (of 21)

Best time in course: 8:31:52

Rank in category: 1(of 1)

Best time in the category: 12:47:27

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:53:54	6:57	1	-	13	1:37:50	50.88	5:53:54	6:57	1	-	7	46:39
Fröttstädt	48.95	6:53:33	8:26	1	-	17	2:37:45	99.83	12:47:27	7:41	1	-	16	4:15:35