



4. Thüringer ULTRA
Fröttstädt / 03.07.2010

Detailed evaluation

die vom Gördensee

Number: 2009

Course: 99.83 km

Staffel 2x50 km

Category:

Männerstaffel

Total time: 12:58:49

Speed: 7.63 km/h

Running performance: 7:48 min/km

Rank in course: 17 (of 21)

Best time in course: 8:31:52

Rank in category: 9(of 11)

Best time in the category: 8:31:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	6:47:03	8:00	11	2:30:59	20	2:30:59	50.88	6:47:03	8:00	9	2:30:59	6	1:39:48
Fröttstädt	48.95	6:11:46	7:35	8	1:55:58	12	1:55:58	99.83	12:58:49	7:48	9	4:26:57	17	4:26:57