



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

M & H Sperrachen

Number: 2011

Course: 99.83 km

Staffel 2x50 km

Category:

Männerstaffel

Total time: 8:50:41

Speed: 11.19 km/h

Running performance: 5:19 min/km

Rank in course: 2 (of 21)

Best time in course: 8:31:52

Rank in category: 2(of 11)

Best time in the category: 8:31:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	4:34:30	5:23	3	18:26	3	18:26	50.88	4:34:30	5:23	2	18:26	21	
Fröttstädt	48.95	4:16:11	5:14	2	0:23	2	0:23	99.83	8:50:41	5:18	2	18:49	2	18:49