



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

LG Friedrichroda Team Thomas & Jochen Total time: 9:52:12

Number: 2016

Speed: 10.03 km/h

Running performance: 5:56 min/km

Course: 99.83 km

Staffel 2x50 km

Rank in course: 6 (of 21)

Best time in course: 8:31:52

Category:

Rank in category: 6(of 11)

Männerstaffel

Best time in the category: 8:31:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	4:43:10	5:33	5	27:06	5	27:06	50.88	4:43:10	5:33	6	27:06	17	
Fröttstädt	48.95	5:09:02	6:18	7	53:14	9	53:14	99.83	9:52:12	5:55	6	1:20:20	6	1:20:20