



4. Thüringer ULTRA  
Fröttstädt / 03.07.2010

Detailed evaluation

Nimm 2

Number: 2023

Course: 99.83 km

Staffel 2x50 km

Category:

Mixstaffel

Total time: 10:45:12

Speed: 9.21 km/h

Running performance: 6:28 min/km

Rank in course: 9 (of 21)

Best time in course: 8:31:52

Rank in category: 2(of 9)

Best time in the category: 10:22:15

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Floh-Seligenthal	50.88	5:58:18	7:02	5	51:03	14	1:42:14	50.88	5:58:18	7:02	2	35:26	14	51:03
Fröttstädt	48.95	4:46:54	5:51	1	-	6	31:06	99.83	10:45:12	6:27	2	22:57	9	2:13:20