



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Dams, Anika

Club: Herne

Number: 1177

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:29:06

Speed: 6.73 km/h

metres in height up: 135

Course score: 12.03

performance score: 81 Points