



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

**Gommen, Bernd**

Club: N.-W.-Hobbygruppe

Number: 509

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 37:24

Speed: 8.02 km/h

metres in height up: 72

Course score: 6.08

performance score: 49 Points