



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

**Niggemann, Theodor**

Club: TLV - Rünthe

Number: 1128

Course: 12.50 km

12,5 km-Strecke Nordic Walking

Total time: 1:29:32

Speed: 8.38 km/h

metres in height up: 135

Course score: 14.03

performance score: 122 Points