



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Paulner, Wilfried

Club: DJK Preußen 1911 Bochum e.V.

Number: 135

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:38:02

Speed: 9.18 km/h

metres in height up: 208

Course score: 18.12

performance score: 166 Points