



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Raffenberg, Michael

Club: TV Gut-Heil 1865 e.V. DO-Aplerbeck

Number: 111

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:39:16

Speed: 9.07 km/h

metres in height up: 208

Course score: 18.12

performance score: 164 Points