



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

Groh, Marie-Luise

Club: LG Ahlen

Number: 530

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 39:05

Speed: 7.68 km/h

metres in height up: 72

Course score: 6.08

performance score: 47 Points