



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Loch, Manfred

Club: OSC 01 Hamm

Number: 250

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:41:10

Speed: 8.90 km/h

metres in height up: 208

Course score: 18.12

performance score: 161 Points