



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Groll, Frank

Club: WT-Soest

Number: 180

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 1:43:41

Speed: 8.68 km/h

metres in height up: 208

Course score: 18.12

performance score: 157 Points