



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

Henkel, Hugo

Club: LSF-Unna-2000

Number: 174

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 1:48:04

Speed: 8.33 km/h

metres in height up: 208

Course score: 18.12

performance score: 151 Points