



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Heins, Helga

Club: Stadt Bochum Walking-Team

Number: 154

Course: 15.00 km

15 km-Strecke Walking

Total time: 1:54:58

Speed: 7.83 km/h

metres in height up: 208

Course score: 18.12

performance score: 142 Points