



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Barras, Horst

Club: Nordic Bears

Number: 232

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:00:14

Speed: 7.49 km/h

metres in height up: 208

Course score: 18.12

performance score: 136 Points