



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

**Gindera, Elke**

Club: Hohe Ward Gazellen/TuS-Hiltrup

Number: 150

Course: 15.00 km

15 km-Strecke Walking

Total time: 2:08:36

Speed: 7.00 km/h

metres in height up: 208

Course score: 18.12

performance score: 127 Points