



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Arens, Lothar

Club: escaGots Bochum

Number: 237

Course: 15.00 km

15 km-Strecke Nordic Walking

Total time: 2:11:04

Speed: 6.87 km/h

metres in height up: 208

Course score: 18.12

performance score: 124 Points