



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

**Tonder, Mechthild**

Club: Recklinghausen

Number: 560

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 43:55

Speed: 6.83 km/h

metres in height up: 72

Course score: 6.08

performance score: 42 Points