



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Birk, Brigitte

Club: LuW Weddinghofen

Number: 1159

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:22:04

Speed: 7.31 km/h

metres in height up: 135

Course score: 12.03

performance score: 88 Points