



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

**Braun, Freia**

Club: Diemel Walker Warburg

Number: 1149

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:22:24

Speed: 7.28 km/h

metres in height up: 135

Course score: 12.03

performance score: 88 Points