



## 8. Unnaer Walking Day

Unna / 04.07.2010

### Detailed evaluation

Früh, Georg

Club: Laufteam Gescher

Number: 1181

Course: 10.00 km

10 km-Strecke Nordic Walking

Total time: 1:22:51

Speed: 7.24 km/h

metres in height up: 135

Course score: 12.03

performance score: 87 Points