



8. Unnaer Walking Day

Unna / 04.07.2010

Detailed evaluation

Vierhaus, Udo

Club: Team 4haus

Number: 510

Course: 5.00 km

5 km-Strecke Nordic Walking

Total time: 36:31

Speed: 8.22 km/h

metres in height up: 72

Course score: 6.08

performance score: 50 Points