



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Bock, Marco

Total time: 1:50:45

Club: Waltershausen

Number: 231

Course: 29.40 km

Rank in course/Total: 66 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 62 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 22(of 35)

Triathlon Männer AK30

Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:04	25:09	31	3:09	84	4:19	0.40	10:04	25:09	36	2:32	114	2:43
Rad	23.00	1:02:21	2:42	16	1:02:21	43	1:02:21	23.40	1:12:25	3:05	7		112	6:01
Lauf	6.00	38:20	6:23	29	13:28	90	13:28	29.40	1:50:45	3:46	22	26:58	62	29:14