



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Wieczorek, Barbara

Total time: 1:51:30

Club: Lauffreunde Gotha
Number: 228

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 68 (of 132)
Rank in course/Women: 5 (of 19)
Best time in course: 1:35:38

Category:
Triathlon Frauen AK30

Rank in category: 2(of 5)
Best time in the category: 1:43:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	
Schwimmen	0.40	9:35	23:57	3	0:22	10	3:16	0.40	9:35	23:57	6	0:22	20		
Rad	23.00	1:11:26	3:06	3	13:05	7	13:05	23.40	1:21:01	3:27	6	13:27	20		
Lauf	6.00	30:29	5:04	1	-	2	0:47	29.40	1:51:30	3:47	2	7:53	5	15:52	