



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Meynhardt, Stefan

Total time: 1:56:51

Club: Gotha  
Number: 174

Course: 29.40 km  
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 88 (of 132)  
Rank in course/Men: 81 (of 113)  
Best time in course: 1:21:31

Category:  
Triathlon Männer AK30

Rank in category: 27(of 35)  
Best time in the category: 1:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:21	25:52	32	3:26	91	4:36	0.40	10:21	25:52	36	2:49	114	3:00
Rad	23.00	1:10:38	3:04	31	11:10:38	86	11:10:38	23.40	1:20:59	3:27	35	3:49	112	14:35
Lauf	6.00	35:52	5:58	21	11:00	69	11:00	29.40	1:56:51	3:58	27	33:04	81	35:20