



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schirrmeister, Jörn

Total time: 2:19:59

Club: Gotha Buflieben

Number: 118

Course: 29.40 km

Rank in course/Total: 129 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 111 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 37(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	11:22	28:25	37	4:31	110	5:37	0.40	11:22	28:25	39	0:47	5	4:01
Rad	23.00	1:16:26	3:19	37	1:16:26	101	1:16:26	23.40	1:27:48	3:45	38	5:50	112	21:24
Lauf	6.00	52:11	8:41	37	26:56	111	27:19	29.40	2:19:59	4:45	37	53:44	111	58:28