



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Schirrmeister, Jörn

Total time: 2:19:59

Club: Gotha Buflieben

Number: 118

Course: 29.40 km

Rank in course/Total: 129 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 111 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 37(of 38)

Triathlon Männer AK40

Best time in the category: 1:26:15

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total | | Total | | Total | | Pos Cat. | Behind Cat. | Pos Men | Behind Men | |
|-----------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------|---------|--------|-----|--------|-----|-------------|----------------|------------|---------------|--------|
| | | | | | | | | km | Time | min/km | Pos | Behind | Pos | | | | | Behind |
| Schwimmen | 0.40 | 11:22 | 28:25 | 37 | 4:31 | 110 | 5:37 | 0.40 | 11:22 | 28:25 | 39 | 0:47 | 5 | 4:01 | | | | |
| Rad | 23.00 | 1:16:26 | 3:19 | 37 | 11:16:26 | 101 | 11:16:26 | 23.40 | 1:27:48 | 3:45 | 38 | 5:50 | 112 | 21:24 | | | | |
| Lauf | 6.00 | 52:11 | 8:41 | 37 | 26:56 | 111 | 27:19 | 29.40 | 2:19:59 | 4:45 | 37 | 53:44 | 111 | 58:28 | | | | |