



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Dellit, Danny

Total time: 1:53:25

Club: Floh-Seligenthal
Number: 239

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 75 (of 132)
Rank in course/Men: 70 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK30

Rank in category: 23(of 35)
Best time in the category: 1:23:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	10:51	27:07	34	3:56	99	5:06	0.40	10:51	27:07	36	3:19	114	3:30
Rad	23.00	1:05:53	2:51	23	11:05:53	64	11:05:53	23.40	1:16:44	3:16	35		112	10:20
Lauf	6.00	36:41	6:06	25	11:49	76	11:49	29.40	1:53:25	3:51	23	29:38	70	31:54