



9. Cross Triathlon Friedrichroda
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Becher, Wolfgang

Total time: 2:16:41

Club: SV 05 Friedrichroda
 Number: 152

Course: 29.40 km
 Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 126 (of 132)
 Rank in course/Men: 110 (of 113)
 Best time in course: 1:21:31

Category:
 Triathlon Männer AK60

Rank in category: 4(of 4)
 Best time in the category: 1:47:58

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	9:38	24:04	1	-	76	3:53	0.40	9:38	24:04	5		114	2:17
Rad	23.00	1:19:24	3:27	3	14:00	107	11:19:24	23.40	1:29:02	3:48	5	13:28	112	22:38
Lauf	6.00	47:39	7:56	4	15:15	110	22:47	29.40	2:16:41	4:38	4	28:43	110	55:10