



9. Cross Triathlon Friedrichroda
 99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Kafurke, Jana

Total time: 2:13:52

Club: LTV-Erfurt

Number: 173

Course: 29.40 km

Rank in course/Total: 123 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Women: 15 (of 19)

Best time in course: 1:35:38

Category:

Rank in category: 5(of 5)

Triathlon Frauen AK30

Best time in the category: 1:43:37

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Total ranking		
						Pos Women	Behind Women						Pos Women	Behind Women	
Schwimmen	0.40	10:31	26:17	5	1:18	16	4:12	0.40	10:31	26:17	6	1:18	20		
Rad	23.00	1:23:33	3:37	5	25:12	17	25:12	23.40	1:34:04	4:01	6	26:30	20	5:52	
Lauf	6.00	39:48	6:37	3	9:19	12	10:06	29.40	2:13:52	4:33	5	30:15	15	38:14	