



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Seeber, Stefan

Total time: 1:59:09

Club: Erfurt
Number: 128

Course: 29.40 km
Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Total: 95 (of 132)
Rank in course/Men: 88 (of 113)
Best time in course: 1:21:31

Category:
Triathlon Männer AK30

Rank in category: 29(of 35)
Best time in the category: 1:23:47

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-----------|-------|---------|--------|------|----------|-----|----------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Schwimmen | 0.40 | 7:53 | 19:42 | 9 | 0:58 | 19 | 2:08 | 0.40 | 7:53 | 19:42 | 36 | 0:21 | 114 | 0:32 |
| Rad | 23.00 | 1:08:14 | 2:58 | 25 | 11:08:14 | 71 | 11:08:14 | 23.40 | 1:16:07 | 3:15 | 35 | | 112 | 9:43 |
| Lauf | 6.00 | 43:02 | 7:10 | 33 | 18:10 | 107 | 18:10 | 29.40 | 1:59:09 | 4:03 | 29 | 35:22 | 88 | 37:38 |