



9. Cross Triathlon Friedrichroda

99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Sänger, Matthias

Total time: 1:31:59

Club: RSC Waltershausen-Gotha

Number: 175

Course: 29.40 km

Rank in course/Total: 9 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 9 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 1(of 15)

Triathlon Männer AK50

Best time in the category: 1:31:59

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.40	8:03	20:07	1	-	23	2:18	0.40	8:03	20:07	16	-	114	0:42
Rad	23.00	54:52	2:23	1	-	10	10:54:52	23.40	1:02:55	2:41	16	-	112	-
Lauf	6.00	29:04	4:50	2	0:19	13	4:12	29.40	1:31:59	3:07	1	-	9	10:28