



9. Cross Triathlon Friedrichroda  
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Gehb, David

Total time: 2:40:33

Club: ASK München Süd  
Number: 322

Course: 55.80 km  
XL-Cross (0.8 / 45.0 / 10.0)

Rank in course/Total: 1 (of 46)  
Rank in course/Men: 1 (of 40)  
Best time in course: 2:40:33

Category:  
Triathlon Männer AK20

Rank in category: 1(of 11)  
Best time in the category: 2:40:33

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Schwimmen	0.80	12:59	16:13	2	0:20	2	0:20	0.80	12:59	16:13	1	-	41	
Rad	45.00	1:40:05	2:13	2	0:36	3	1:40:05	45.80	1:53:04	2:28	1	-	40	
Lauf	10.00	47:29	4:44	2	1:31	4	47:29	55.80	2:40:33	2:52	1	-	2	1:02:27