



9. Cross Triathlon Friedrichroda
99894 Friedrichroda / Thüringen / 11.07.2010

Detailed evaluation

Lindner, Stefan

Total time: 1:21:31

Club: SC Riesa

Number: 218

Course: 29.40 km

Rank in course/Total: 1 (of 132)

Einzel Cross (0.4 / 23.0 / 6.0)

Rank in course/Men: 1 (of 113)

Best time in course: 1:21:31

Category:

Rank in category: 1(of 18)

Triathlon Männer AK20

Best time in the category: 1:21:31

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.40	6:09	15:22	2	0:24	2	0:24	0.40	6:09	15:22	19			114
Rad	23.00	50:12	2:10	1	-	4	10:50:12	23.40	56:21	2:24	19			112
Lauf	6.00	25:10	4:11	1	-	2	0:18	29.40	1:21:31	2:46	1	-	1	-